Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories

The food categories below describe reassignment of the 150 specific What We Eat in America (WWEIA) Food Categories to Major Food Categories (n=9) and Subcategories (n=32) as requested by the DGAC for analyses of contributions of food category intake to energy, nutrient, and food group intakes.

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
DAIRY			
	LOWFAT MILK/YOGURT		
		1006	Milk, lowfat
		1008	Milk, nonfat
		1206	Flavored milk, lowfat
		1208	Flavored milk, nonfat
		1804	Yogurt, lowfat and nonfat
		1404	Milk substitutes
	HIGHER FAT MILK/YOGURT		
		1002	Milk, whole
		1004	Milk, reduced fat
		1202	Flavored milk, whole
		1204	Flavored milk, reduced fat
		1402	Milk shakes and other dairy drinks
		1802	Yogurt, whole and reduced fat
	CHEESE		
		1602	Cheese
		1604	Cottage/ricotta cheese
PROTEIN FOODS			
	MEATS (Not incl. Deli and Mixed Dishes)		
		2002	Beef, excludes ground
		2004	Ground beef
		2006	Pork
		2008	Lamb, goat, game
		2010	Liver and organ meats
	DELI/CURED PRODUCTS (Meat and Poultry)		
		2602	Cold cuts and cured meats
		2604	Bacon
		2606	Frankfurters
		2608	Sausages
	POULTRY (Not incl. Deli and Mixed Dishes)		
		2202	Chicken, whole pieces
		2204	Chicken patties, nuggets and tenders
		2206	Turkey, duck, other poultry

Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories, continued

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
	SEAFOOD (Not incl. Mixed Dishes)		
		2402	Fish
		2404	Shellfish
	EGGS		
		2502	Eggs and omelets
	NUTS, SEEDS, AND SOY		
		2804	Nuts and seeds
		2806	Processed soy products
MIXED DISHES			
	PIZZA		
		3602	Pizza
	BURGERS AND SANDWICHES (Incl. Tacos and Burritos)		
		3702	Burgers (single code)
		3704	Chicken/turkey sandwiches (single code)
		3706	Egg/breakfast sandwiches (single code)
		3708	Other sandwiches (single code+ combination codes)*
		3502	Burritos and tacos
	MEAT, POULTRY, SEAFOOD MIXED DISHES		
		3002	Meat mixed dishes
		3004	Poultry mixed dishes
		3006	Seafood mixed dishes
		3404	Stir-fry and soy-based sauce mixtures
	RICE, PASTA, AND OTHER GRAIN-BASED MIXED DISHES		
		3202	Rice mixed dishes
		3204	Pasta mixed dishes, excludes macaroni and cheese
		3206	Macaroni and cheese
		3208	Turnovers and other grain-based items
		3402	Fried rice and lo/chow mein
		3406	Egg rolls, dumplings, sushi
		3506	Other Mexican mixed dishes
	SOUPS		
		3802	Soups
GRAINS			
	RICE AND PASTA		
		4002	Rice
		4004	Pasta, noodles, cooked grains

Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories, continued

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
	YEAST BREADS AND TORTILLAS		
		4202	Yeast breads
		4204	Rolls and buns
		4206	Bagels and English muffins
		4208	Tortillas
	QUICK BREADS (Biscuits, Muffins, Pancakes, Waffles)		
		4402	Biscuits, muffins, quick breads
		4404	Pancakes, waffles, French toast
	BREAKFAST CEREALS AND BARS		
		4602	Ready-to-eat cereal, higher sugar (>21.2g/100g)
		4604	Ready-to-eat cereal, lower sugar (≤21.2g/100g)
		4802	Oatmeal
		4804	Grits and other cooked cereals
		5402	Cereal bars
		5404	Nutrition bars
SNACKS AND SWEETS			
	CHIPS, CRACKERS, AND SAVORY SNACKS		
		5002	Potato chips
		5004	Tortilla, corn, other chips
		5006	Popcorn
		5008	Pretzels/snack mix
		5202	Crackers, excludes saltines
		5204	Saltine crackers
		3504	Nachos
	DESSERTS AND SWEET SNACKS		
		5502	Cakes and pies
		5504	Cookies and brownies
		5506	Doughnuts, sweet rolls, pastries
		5802	Ice cream and frozen dairy desserts
		5804	Pudding
		5806	Gelatins, ices, sorbets
	CANDIES AND SUGARS		
		5702	Candy containing chocolate
		5704	Candy not containing chocolate
		8802	Sugars and honey
		8804	Sugar substitutes
		8806	Jams, syrups, toppings

Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories, continued

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
FRUITS AND 100% FRUIT JUICE			
	FRUIT (Non-juice)		
		6002	Apples
		6004	Bananas
		6006	Grapes
		6008	Peaches and nectarines
		6010	Berries
		6012	Citrus fruits
		6014	Melons
		6016	Dried fruits
		6018	Other fruits and fruit salads
	100% FRUIT JUICE		
		7002	Citrus juice
		7004	Apple juice
		7006	Other fruit juice
VEGETABLES			
	VEGETABLES (Incl. Beans and Peas, not Starchy)		
		6402	Tomatoes
		6404	Carrots
		6406	Other red and orange vegetables
		6408	Dark green vegetables, excludes lettuce
		6410	Lettuce and lettuce salads (incl. combination codes)*
		6412	String beans
		6414	Onions
		8410	Pasta sauces, tomato-based
		6420	Other vegetables and combinations
		6422	Vegetable mixed dishes
		7008	Vegetable juice
		2802	Beans, peas, legumes
	STARCHY VEGETABLES		
		6416	Corn
		6418	Other starchy vegetables
		6802	White potatoes, baked or boiled
		6804	French fries and other fried white potatoes
		6806	Mashed potatoes and white potato mixtures

Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories, continued

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
BEVERAGES (Not Incl. Milk and 100% Fruit Juice)			
	SUGAR-SWEETENED AND DIET BEVERAGES		
		7102	Diet soft drinks
		7104	Diet sport and energy drinks
		7106	Other diet drinks
		7202	Soft drinks
		7204	Fruit drinks
		7206	Sport and energy drinks
		7208	Nutritional beverages
		7802	Flavored or carbonated water
	COFFEE AND TEA		
		7302	Coffee
		7304	Tea
	ALCOHOLIC BEVERAGES		
		7502	Beer
		7504	Wine
		7506	Liquor and cocktails
	WATERS		
		7702	Tap water
		7704	Bottled water
		7804	Enhanced or fortified water
CONDIMENTS, GRAVIES, SPREADS, SALAD DRESSINGS			
	CONDIMENTS AND GRAVIES		
		8402	Tomato-based condiments
		8404	Soy-based condiments
		8406	Mustard and other condiments
		8408	Olives, pickles, pickled vegetables
		8412	Dips, gravies, other sauces
	SPREADS		
		8002	Butter and animal fats
		8004	Margarine
		8006	Cream cheese, sour cream, whipped cream
		8008	Cream and cream substitutes
	SALAD DRESSINGS		
		8010	Mayonnaise
		8012	Salad dressings and vegetable oils

Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories, continued

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
ALL BEVERAGES	NOTE: For beverage intake analyses, a new grouping was created that includes all current beverages, 100% fruit juices, vegetable juices, and milk (plain and flavored):		
	LOWFAT MILK		
		1006	Milk, lowfat
		1008	Milk, nonfat
		1206	Flavored milk, lowfat
		1208	Flavored milk, nonfat
		1404	Milk substitutes
	HIGHER FAT MILK		
		1002	Milk, whole
		1004	Milk, reduced fat
		1202	Flavored milk, whole
		1204	Flavored milk, reduced fat
		1402	Milk shakes and other dairy drinks
	100% FRUIT JUICE-VEGETABLE JUICE		
		7002	Citrus juice
		7004	Apple juice
		7006	Other fruit juice
		7008	Vegetable juice
	SUGAR-SWEETENED AND DIET BEVERAGES		
		7102	Diet soft drinks
		7104	Diet sport and energy drinks
		7106	Other diet drinks
		7202	Soft drinks
		7204	Fruit drinks
		7206	Sport and energy drinks
		7208	Nutritional beverages
		7802	Flavored or carbonated water
	COFFEE AND TEA		
		7302	Coffee
		7304	Tea
	ALCOHOLIC BEVERAGES		
		7502	Beer
		7504	Wine
		7506	Liquor and cocktails

Appendix E-2.7: Major Categories and Subcategories used in DGAC Analyses of WWEIA Food Categories, continued

DGAC Major Category	DGAC Subcategory	WWEIA Food Category #	WWEIA Food Category Description
	WATERS		
		7702	Tap water
		7704	Bottled water
		7804	Enhanced or fortified water

*The percents of total intake from WWEIA categories were reanalyzed at the request of the DGAC to include all foods reported separately, but consumed as part of a sandwich-type combination, in category #3708 and all foods reported separately but reported consumed as part of a salad-type combination, in category # 6410. These single foods consumed in combination were no longer counted under their respective original categories.

The following WWEIA food categories are not included in the analysis, therefore, totals may not equal 100%:

9002	Baby food: cereals
9004	Baby food: fruit
9006	Baby food: vegetable
9008	Baby food: meat and dinners
9010	Baby food: yogurt
9012	Baby food: snacks and sweets
9202	Baby juice
9204	Baby water
9402	Formula, ready-to-feed
9404	Formula, prepared from powder
9406	Formula, prepared from concentrate
9999	Not included in a food category